

Homemade Natural Fruit Sorbet

6 portions

Ingredients

2 Banana
500g Frozen blackberries

1. Peel and roughly chop the bananas
2. Put all the fruit into a bowl or a food processor
3. Puree together to make the sorbet
4. This will make a soft sorbet suitable for serving immediately, but you can always put in the freezer to firm up if it's too soft, or not needed straight away
5. If you are storing in the freezer, use a fork to break up the sorbet

