

Muffin Pizza Selection

6 portions

Ingredients

3 English muffin cut in half
1tbsp per Portion Tomato and lentil sauce (see recipe card)

Turkey and Vegetable Pizza

100g Cooked sandwich turkey, diced
30g Sweetcorn (Cooked)
50g Mushrooms, sliced
48g Grated cheese (8g per child)

Rainbow Pizza

30g Mixed peppers, diced
30g Sweetcorn (cooked)
30g Mushrooms, sliced
30g Tomato, diced
1tsp Dried basil
50g Grated cheese

Margherita Pizza

50g Mixed grated mozzarella and cheddar
1tsp Oregano

1. Pre heat the oven to 180°C / Gas Mark 4
2. Slice the English muffins in half and place on a lined baking tray
3. Spread the tomato and lentil sauce over each muffin
4. Top with desired pizza toppings
5. Bake for 12-15 minutes until the cheese has melted
6. Allow to cool slightly and serve

